

TE RERENGA WAIRUA / CAPE REINGA

Visit the majestic and sacred northernmost point of Aotearoa, where it's believed the spirits depart the mainland to return to their ancestral homeland of Hawaiki. Witness the meeting of two oceans and take in the breathtaking vistas.



TE PAKI SAND DUNES

Among the most impressive in Northland, Te Paki is a must-visit when exploring Te Hiku o Te Ika-a-Māui, the furthest north you can go in Aotearoa New Zealand. The majestic dunes rise to approximately 150m in places, while expansive sands stretching in every direction create an otherworldly landscape.



HISTORY WHERE IT HAPPENED

Discover the places that shaped Aotearoa New Zealand at Te Tai Tokerau Northland's nine Tohu Whenua sites: Ruapekapeka Pā, Pompallier Mission and Printery, Cape Brett Lighthouse, Waitangi Treaty Grounds, Te Waimate Mission, Māngungu Mission, Clendon House, Rangihoua Heritage Park and Kororipo Heritage Park, home to the Stone Store, the country's oldest stone building. Look for the Tohu Whenua symbol in the map legend to locate all nine sites.



POU HERENGA TAI - TWIN COAST CYCLE TRAIL

Experience the northernmost Great Ride and the only one to connect coast to coast. In just two days, you'll ride through native bush, across suspension bridges and along disused rail corridors, on a journey between some of the most culturally and historically significant sites in Aotearoa New Zealand.



ANCIENT KAURI FORESTS

For thousands of years, the mighty kauri tree has stood tall in the forests, watching over the land. See Tāne Mahuta, Aotearoa New Zealand's largest known living kauri tree, or wander among ancient kauri in protected forests such as Trounson Kauri Park.



ALFRESCO DINING

Enjoy fresh local produce in stunning outdoor settings around Tai Tokerau Northland, even in the cooler months. Dine on the waterfront, overlook a vineyard, or simply grab classic Kiwi fish and chips on the beach.



Te Tai Tokerau Northland Visitor Map



Mō Te Tai Tokerau Northland NZ

This official visitor map is produced by Northland NZ, the regional tourism organisation and economic development agency for Tai Tokerau Northland, and published by Big Fish Creative. Every endeavour has been made to ensure information is correct at the time of printing. Northland NZ and Big Fish Creative accept no responsibility for omissions, errors or changes to information. ©2026

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We are a large region with plenty to do, so don't miss out on our must-do experiences. Discover the places, activities and attractions that make our region unique. Start with those listed overleaf, or scan the QR code to explore more of Tai Tokerau Northland on our website.

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TIAKI MEANS TO CARE FOR PEOPLE AND PLACE. THE TIAKI PROMISE IS A COMMITMENT TO CARE FOR NEW ZEALAND, FOR NOW AND FOR FUTURE GENERATIONS.

HOW TO CARE FOR NZ:



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BAY OF ISLANDS

There are more than 140 islands in the Bay of Islands, many of them easily accessible, including the largest, Urupukapuka, which boasts a café and three bookable campsites. There's plenty to do in, on or under the water, including sailing, boat cruises, snorkelling, kayaking and more!



LEGENDARY MĀORI EXPERIENCES

Discover the rich culture and heritage of the region through stories, myths and legends of how the world came to be, the journey of the explorer Kupe and the great migration to Aotearoa, and the coming together of two peoples, Māori and Pākehā.



POOR KNIGHTS ISLANDS MARINE RESERVE

Consistently rated among the top 10 dive sites in the world, this wildlife mecca is an aquatic playground. Boat charters run regularly to the islands just offshore from Tūtūkākā. Snorkelling and diving are the best ways to experience this magical place.



ARTS, CULTURE AND HERITAGE

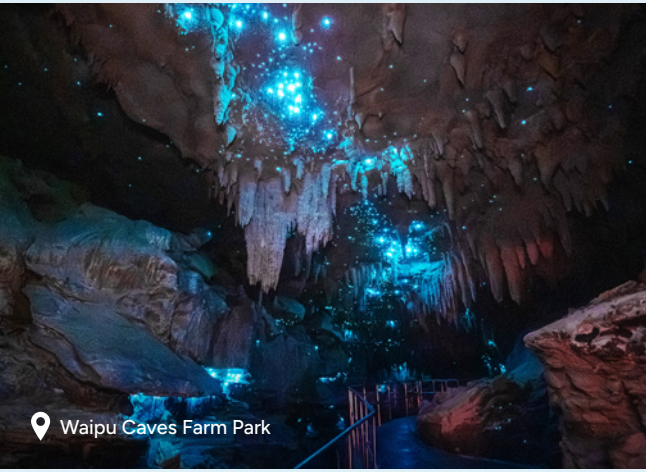
Discover Tai Tokerau Northland's creativity and heritage through its galleries, museums, and artistic attractions. Start in Whangārei, where the Town Basin waterfront is a hub for contemporary art and architecture, with striking buildings, sculpture, and galleries showcasing Māori carving, weaving, and craftsmanship alongside contemporary works.

From there, journey through the region's stories at local history museums, community museums and craft galleries scattered throughout Tai Tokerau Northland's towns, each offering a glimpse into the creative spirit and history of the north.



NATURAL WONDERS

From the picturesque waterfalls of Whangārei and Kerikeri to the glorious white-sand beaches of the Karikari Peninsula and Tūtūkākā Coast, and the sparkling Kai Iwi dune lakes on the Kauri Coast, there's endless beauty to discover. Encounter captivating wildlife too, from thousands of glowworms to curious kiwi in their natural habitats.



HIKING AND WALKING

Tai Tokerau Northland's mild climate makes walking and hiking a year-round activity. Discover some of the region's best views on foot, especially around the Far North, Whangārei Heads and the Bay of Islands.

